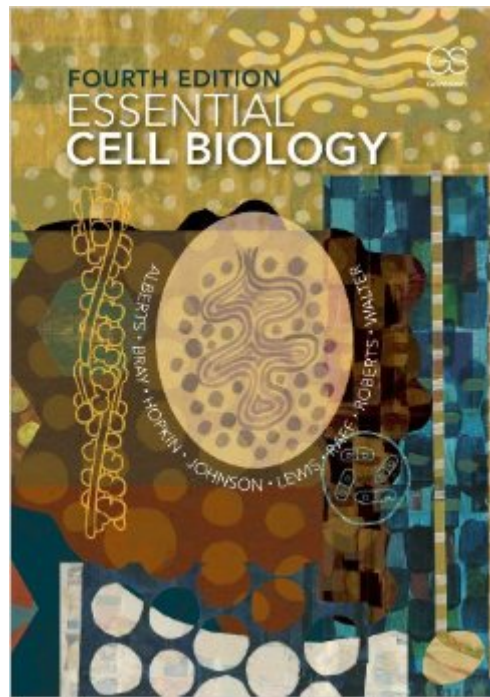


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# Essential Cell Biology, 4th Edition



## Synopsis

Essential Cell Biology provides a readily accessible introduction to the central concepts of cell biology, and its lively, clear writing and exceptional illustrations make it the ideal textbook for a first course in both cell and molecular biology. The text and figures are easy-to-follow, accurate, clear, and engaging for the introductory student. Molecular detail has been kept to a minimum in order to provide the reader with a cohesive conceptual framework for the basic science that underlies our current understanding of all of biology, including the biomedical sciences. The Fourth Edition has been thoroughly revised, and covers the latest developments in this fast-moving field, yet retains the academic level and length of the previous edition. The book is accompanied by a rich package of online student and instructor resources, including over 130 narrated movies, an expanded and updated Question Bank. Essential Cell Biology, Fourth Edition is additionally supported by the Garland Science Learning System. This homework platform is designed to evaluate and improve student performance and allows instructors to select assignments on specific topics and review the performance of the entire class, as well as individual students, via the instructor dashboard. Students receive immediate feedback on their mastery of the topics, and will be better prepared for lectures and classroom discussions. The user-friendly system provides a convenient way to engage students while assessing progress. Performance data can be used to tailor classroom discussion, activities, and lectures to address students' needs precisely and efficiently. For more information and sample material, visit <http://garlandscience.rocketmix.com/>.

## Book Information

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## Customer Reviews

I recently bought the book "Essential Cell Biology: An Introduction to the Molecular Biology of the Cell" and studied it from cover to cover, including all the questions and answers. It was one of the greatest and most well-organized textbooks I have ever encountered. The language was very fluent, and especially some of the example questions were quite entertaining and witty. I haven't had any education neither in biology nor in molecular biology nor in biochemistry (my major is chemical engineering), still I didn't have any difficulties in understanding all the concepts presented in the book. The knowledge I gained from the book was a great help to me during the "GRE Subject Test in Biochemistry, Cell and Molecular Biology" which I took just yesterday. I am applying to graduate schools in the US for a Ph.D. degree in Molecular Biology or Bioengineering, and the test I took yesterday was crucial for my applications, in which (thanks to Essential Cell Biology) I believe I did quite well for a person without a background in the subject except a two-months-long self-study. This is a great and concise introductory textbook to the molecular biology of the cell, and I highly recommend it to anyone who has an interest in this subject with no or little background.

I was desperately looking for a textbook to cover the Biochemistry and Cell Biology for the GRE Subject Test i am preparing for. Everyone was praising Alberts' Cell Biology but i found the information a bit advanced. Cell Biology is a FANTASTIC textbook but it requires prior background on Cell Biology to fully appreciate it and i had none. Then i found Essential Cell Biology. By the same author, it partners with others in bringing Cell Biology to a wider audience. Reading it is a breeze, it makes you wonder why Cell Biology is considered such a hard topic! Explanations are straight forward and the movies that come with the DVD are a life saver. You can easily read and assimilate 10 pages an hour and you don't even know when the time passes. The only chapters that require more time are "How cells obtain energy from food" and "Electron transport in mitochondria". But this is because of the chemical reactions implied by processes such as citric acid and glycolysis. Don't get fooled! Essential Cell Biology covers ALL chapters that his big brother Cell Biology includes. It only does it in a simpler and wiser manner. If you want to get acquainted with Cell Biology this is the book for you!

This is the "Baby Alberts," a condensed version of "Molecular Biology of the Cell by the same authors. It covers the basic premises well and the reader will not get bogged down in details that will only be useful to a senior student or graduate student. The CD that comes with it has some very nice videos and a few good animations of cell processes but it is not anywhere near as useful as the

HyperCell 1998 CD, which has animations and explanations of all cell processes (Also from Garland Publishing). If you plan to make cell and molecular biology your major or career, however, you will be much better off buying the more comprehensive book; it has everything that is in this book and way beyond. It may save you money because you will probably buy it in the future anyway!

Pro: This textbook is very user friendly and loaded with diagrams that visually demonstrate the highlights of each chapter. Con: For an advanced level cell biology class this book does NOT provide detailed information. It is simply an overview of cellular biology.

Alberts team have written and edited a masterful body of work that is an improvement over the last edition which was superb. Everything is discussed well and without unnecessary jargon. The illustrations help to convey the three dimensions of molecular biology and the question bank with the text available online is again well done. The number 5-8 minute videos are what I really enjoy learning from as with the third edition. For those physicians who need to keep tabs on molecular biology look no further this will get the job well done for you and you will prosper and enjoy its teachings.

I read this book during the summer prior to my senior year in high school, and literally could not put it down. I read the whole work cover-to-cover in a week. Going in, my background in biology was an introductory cell biology course and my background in chemistry was an introductory chemistry class. That I had little formal training in the sciences was irrelevant when reading this; it explains all the concepts so clearly that I think even a person with no background in science at all could understand it. The diagrams and photos are well-done and highly pertinent. This is not to say that this book is only for non-scientists. Indeed, I even used knowledge gleaned from this fantastic book to teach my teachers a thing or two. Perhaps the section on muscle contraction is the best written of all - no other book I have ever seen comes close to this in clarity, and this section was one that I recommended to my Anatomy and Physiology teacher for clarification about a few concepts. I am soon to be a sophomore in college, and this book continues to inspire me on my path to be a professor (I study chemistry with an emphasis on chemical biology). This book was invaluable even in a rigorous microbiology course, not to mention other introductory courses. In summary, I rarely leave home for extended periods without this text (literally). If there is ONE BOOK that you should buy for studying cellular and molecular biology, let it be this one (or, if you are so inclined, its larger brother, Molecular Biology of the Cell).

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